

## Emmaus Walk Ideas

Please keep in mind that the goal is to talk deeply about a few things. This absurdly long list of questions is provided in order to offer a wide range of topics from which to choose ☺. You might read through the list together and choose a 2-4 questions to discuss. A few follow up questions, e.g. "Would you tell me more?" "What was that like?" "How did that impact you?" etc. can go a long way to creating a safe place to share more deeply. Enjoy!

### You

- What are you passionate about?
- What character trait (e.g. integrity, courage, hopefulness, compassion, joy, perseverance, faithfulness, etc.) do you value most in others? In yourself? What would you like to have more of?
- What is the riskiest thing you've done? How do you feel about it now?
- Describe a time you've received mercy or extended mercy to another. How did it impact you?
- Describe a moment you felt deeply loved.
- What do you want to be when you grow up?
- "Who" do you want to be when you grow up?

### Family of origin:

- What's your family like as a whole? Are distinct characteristics, passions, activities you share?
- What are each of the members of your family like?
- What do you like to do together? Are there special celebrations you have? Things you do on holidays? Vacations? Or nights when everyone is home?
- Who are you most like (mom, dad, uncle, grandma, etc.)?

### High School

- What were you known for?
- What were you involved in?
- What were you most proud of?
- What did you most dislike?
- What was your friendship group like?

### Faith

- How would you describe where you are on your faith journey? How do you feel about where you are now?
- Did you come from a family of faith? What aspects of that were positive? Which were negative?
- What attracted you to Jesus: early in your faith life? What attracts you to him now? (It's okay if those are the same)
- Why did you come this weekend? What are you hoping for?